

At Home Therapies

Massage Therapy

MASSAGE
THERAPY
PROGRESS NOTE

Participant:

Date:

Time Start:

Time Finish:

Total Time:

Full Body massage

Area Massage _____

Modalities Used on Participant

Effleurage

Petrissage

Friction

Vibration

Tapotement

Compression

Joint Movement

Trigger Point

Deep Tissue

Stretching

Myofascial Release

Range of Motion

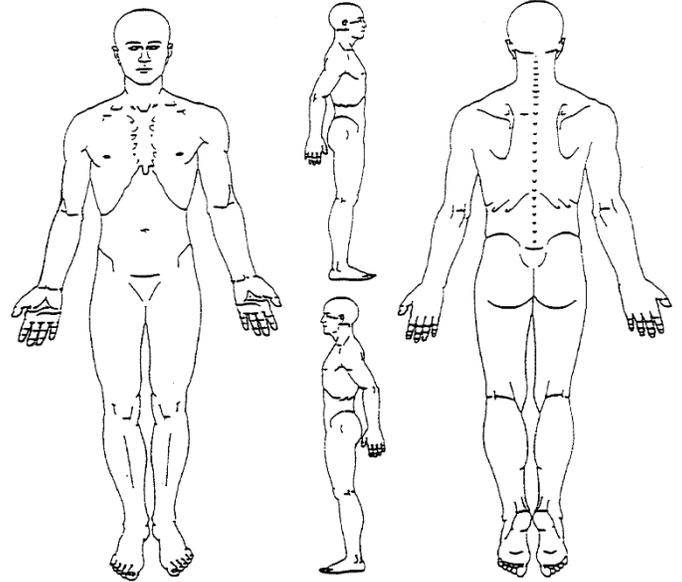


CHART KEY

CC Area of Chief Complaint

S Area of spasm

T Area of Tenderness

KM Knotted muscles.

JP Joint pain

Participant Response

Relaxed Relieved

Spasms Client went to sleep during
massage Tenderness Reduced or
Eliminated

Areas of Special Interest/Concerns:

THERAPIST SIGNATURE: _____