Private Duty Care

The Freedom of independence at Home

Too often we underestimate
the power of a touch, a smile,
a kind word, a listening ear,
an honest compliment, or the
smallest act of caring,
all of which have the potential
to turn a life around.

ASTROCARE
HOME HEALTHCARE
"Families belping families since 1984"

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For Referrals or Questions Call: 281-449-3400



Our home care services allow you to remain independent at home.

What is Private Duty Care?

Private duty services provide care for an individual who needs assistance with daily living and chooses to have that assistance in the comfort, security, and privacy of their own home. Private duty services may include:

- · Personal Care
- · CNA
- Companionship
- Laundry Service
- Meal Preparation
- Shopping
- Household Chores
- t Escort to Doctor Appointments

Private duty services are designed to:

- Foster independence.
- Ecreate and maintain a safe living environment.
- Help eliminate unnecessary institutionalization by providing physical, emotional, and social care to individuals.
- · Provide support and reassurance to families.

Having Choices

Families who are separated by great distances must make hard choices to provide care. Sometimes nursing homes or special care retirement centers seem to be the only options. You have a choice and we can help.

We provide a range of personal care services to promote the health, dignity, and independence of our clients, which makes it possible for them to age where they want to age — at home. From personal care to bill paying and transportation services, our goal is to provide whatever care the aged, ill, or disabled need to maintain the independence of their daily routines and familiar surroundings, and enjoy an increase in quality of life.

Professional Caregivers

In all we do, we strive to provide comprehensive, technologically advanced, and friendly home care. We feel honored to be a guest in our clients' homes and are dedicated to high-quality, relationship-based care. We feel it's imperative to always convey patience, compassion, a positive attitude, and strong communication skills with all of our valued clients.

Availability

We are available 24 hours a day, seven days a week, including weekends and holidays. With our personalized care plans, our clients choose the amount of time and type of care they prefer.

Payment Options

Our services are tailored to each client's needs and can be purchased for as little as a few hours—or as many as 24 hours a day, seven days a week.

Many of our services are covered by:

- Employer group health plans
- Private insurance plans
- · Workers' compensation
- Long term insurance

Our Private Duty Services may include but are not limited to:

Companionship Services

- Companionship and Conversation
- Daily TLC Phone Calls
- Escort to Appointments
- In-Home Hair Styling
- Medication Reminders
- Respite or Relief for Families
- Assistance for persons with confusion and disorientation or mental health issues.

Homemaking Services

- · Answering the Telephone
- Assistance with Pet Care
- Assistance with Managing Mail and Bills
- Dusting and Polishing Furniture
- · Laundry and Ironing
- · Light or Heavy Housekeeping
- Meal Planning or Preparation

Errand Services

- General Shopping
- Grocery Shopping
- Pick up/Drop off Prescriptions
- Pick up/Drop off Dry Cleaning
- Transportation to Appointments

Exercise Therapy Assistance

· Assist with exercise and mobility

And Many More Services!